

## Middleton Primary School

### Frequently Asked Questions Regarding Relationships and Health Education in Primary Schools

Today's children and young people are growing up in an increasingly complex world and living their lives seamlessly on and offline. This presents many positive and exciting opportunities, but also challenges and risks. In this environment, children and young people need to know how to be safe and healthy, and how to manage their academic, personal and social lives in a positive way. This is why The Department for Education have made Relationships Education compulsory in all primary schools in England, as well as making Health Education compulsory in all state-funded schools.

Both Relationship and Health Education are taught under our subject of PSHE (Personal, Social, Health and Economic Education).

Below, we have explained some of the common questions around these subjects.

#### **What is Relationship Education?**

Relationship education teaches your child the definition of a relationship, what a friendship is, what a family is and those who support us. This subject will also teach children how to treat each other with kindness, consideration and respect. For a detailed overview of everything that is covered in Relationships Education, please see our Relationships and Health Education policy.

#### **What is Health Education?**

Health education teaches your child to make good decisions about their own health and wellbeing. It also supports them in recognising issues in themselves and others, and to seek support as early as possible when issues arise. For a detailed overview of everything that is covered in Health Education, please see our Relationships and Health Education policy.

<b>Relationships</b>	<b>Health and Mental Well-being</b>	<b>Wider World</b>
<b>Families and people who care for me</b> <b>Caring friendship</b> <b>Respectful friendships</b> <b>Online Relationships</b> <b>Being Safe</b>	<b>Mental Well being</b> <b>Internet Safety and Harm</b> <b>Physical health and fitness</b> <b>Healthy Eating</b> <b>Drug, alcohol and tobacco</b> <b>Health and prevention</b> <b>Basic First Aid</b> <b>Changing Adolescent Body</b>	<b>Economic Well being</b> <b>Enterprise</b> <b>Careers</b>

### **Can I withdraw my child from Relationships and Health Education?**

No, there is no right to withdraw your child from Relationships and Health Education as the content of these subjects (family, friendships, safety) are important for all children to be taught.

### **How will I know what my child is learning weekly?**

Once our consultation period is over, parents can access yearly plans from our website. These have been carefully arranged, taking into account age, religious/cultural background Special Educational Needs and levels of physical and emotional maturity.

### **Will these subjects promote LGBT relationships?**

No, these subjects don't "promote" anything, they educate. We are teaching about equality. Our school ethos says that we are respectful of everyone. We value ourselves and all others: This means that if someone is black, they are welcome in our school; if someone uses a wheelchair, they are welcome in our school; if someone is gay, they are welcome in our school.

### **Do you teach sex education at your school?**

At Middleton Primary School, we teach age appropriate sex education following Dimensions 3D curriculum, alongside the Cambridgeshire PSHE Scheme of work and Medway resources. Before these lessons take place, the school gives parents the opportunity to understand what will be taught and view any material as required.

### **Can I withdraw my child from sex education?**

You have the right to withdraw your child from any sex education lessons that go beyond that of the science national curriculum. In the first instance, an appointment must be made with the PSHE Lead to discuss this.