



Nova Primary Academy

The National Curriculum for Physical Education aims to ensure that all pupils:

- Develop competence to excel in a broad range of physical activities.
- Are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

EYFS Statutory Educational Framework: Physical activity is vital in children's all-round development, enabling them to pursue happy, healthy and active lives.

Intent

At Nova Primary Academy, we believe in inspiring all pupils to participate and express themselves through physical activities. We aim to teach P.E to develop an enjoyment and love for sport, whilst also encouraging a healthy lifestyle that they will carry with them through their lives.

Children are taught from the early years to develop a foundation of fundamental skills. We build on the knowledge and skills necessary for mental, social and physical wellbeing, which is key for a successful future for our children. We aim to use physical education to teach the children to have confidence, persevere and to develop self-discipline. Pupils at Nova participate in high-quality P.E. lessons and sporting activities. We incorporate a variety of sports to ensure our children develop high levels of self-esteem, tolerance and appreciate their own and others' strengths and areas for development.

We provide opportunities for all children to engage in extra-curricular activities in addition to the competitive sporting events. This emphasises the importance of sportsmanship, respect, equality and fairness as well as development teamwork, communication and leadership skills. We teach our children how to cooperate and collaborate with others, as part of a team, understanding fairness and equity of play to embed life-long values to support their mental and physical well-being.

The aims of our PE curriculum are to develop pupils who:

- Practise skills in a range of different activities and situations, alone, in small groups and in teams, and to apply these skills in chosen activities to achieve exceptionally high levels of performance.
- Have and maintain high levels of physical fitness.
- To remain physically active for sustained periods of time and have an understanding of the importance of this in promoting long-term health and well-being.
- Employ imagination and creativity in their techniques, tactics and choreography.
- Are able to improve their own and others' performance.
- Have a keen interest in PE - a willingness to participate eagerly in every lesson, highly positive attitudes and the ability to make informed choices about engaging fully in extracurricular sport.
- Can swim at least 25 metres before the end of Year 6 and know how to remain safe in and around water

Implementation

At Nova Primary Academy, all our PE is taught by specialist PE coaches. PE is taught weekly on an allocated PE day.

Our curriculum is designed using Get Set 4 PE (a planning, assessment and tracking tool designed to enable teachers and coaches to deliver, monitor and assess children's learning). Our curriculum is based on a spiral curriculum to ensure progression of PE skills from EYFS to Year 6. Each discipline e.g. hockey is taught every two years so that the children experience a wide range of sports. Where possible, we link our sports lessons to competitive competitions at PKAT skills and fixtures so that as many children as possible are encouraged to participate in competitions.

In Early Years, we focus on developing and understanding fundamental skills to work towards achieving the early learning goals. Pupils are given an introduction to PE before moving on to gymnastics, dance and games. They also learn about the fundamentals of PE. In their lessons, pupils will develop their skills in running, jumping, hopping, skipping, balancing, throwing, catching and rolling. In their gymnastics learning, pupils will practise making shapes and different ways to travel before progressing from a straight roll to a forward roll. In their games learning, pupils will learn to work safely, build communication and support others. Fine motor control and precision helps with hand-eye co-ordination, which is later linked to early literacy. We aim to allow children to develop proficiency, control and confidence through all physical development.

In KS1, pupils will develop their skills in the following teaching units, ball skills, gymnastics, dance, invasion games, team building, sending and receiving, target games, athletics, striking and fielding.

These skills will be developed further in KS2 with children applying their learnt skills to practise playing specific sports. The teaching in KS2 covers the following units; netball, tag rugby, gymnastics, basketball, football, dance, dodgeball, OAA (outdoor adventurous

activities), volleyball, hockey, athletics, tennis, cricket, golf, rounders and swimming (at Nova, children attend swimming lessons in Years 5 and 6).

As part of the planning process, the following is planned:

- A cycle of lessons for each subject, which carefully plans for progression and depth.
- The use of regular formative and summative assessments are used to support learners' developing ability (evaluating and improving is a huge part of our curriculum)
- Challenge questions for pupils to apply their learning in a philosophical/open manner.

Play Buddies are trained to support our younger children during lunchtime play sessions.

Year 6 Sports Ambassadors - This role enables pupils to develop leadership skills, communication skills, organising skills and self-confidence. The Sports Ambassadors adhere to being a positive role model by being polite, being respectful, being approachable and by working hard.

Impact

Our PE curriculum is high quality, well thought out and is planned to demonstrate progression across the year groups. Within lessons, there are opportunities for formative assessment that is ongoing through each lesson based on the progress against the lesson objectives and skills progression document. Formative assessments allow coaches to judge progress and make flexible adaptations to their planned teaching. Through ongoing assessments, tasks are matched to the ability of each child through differentiated activities and adult support, thus providing a level of challenge that is stimulating for pupils. An overall PE assessment is made at the end of each academic year using assessments gained throughout the year; working towards, have met or exceeding expectations, and this information is shared with the next teacher and the PE Subject Leader.

In addition, we measure the impact of our curriculum through the following methods:

- A reflection on standards achieved against the planned outcomes.
- Pupil discussion about their learning.
- Assessments of pupils' achievements against the National Curriculum.

Swimming data is recorded through Vivacity at Jack Hunt Leisure Centre and passed onto the Subject Leader which allows us to identify groups of children who require extra support.

SEND

The Nova Primary Academy PE Curriculum provides opportunities for ALL children to access physical activity. Get Set 4 PE provides easy to follow plans which are adapted by coaches to meet individual needs of SEND children within their classes.