



**Feelgood
Friday
Newsletter**

**15th
October
2021**





Message from Mrs McGonigle and Mr Fry

Dear Parents and Carers,

We are now arranging times for this term's Parent Consultations for week of 8 November, which will provide you with an appointment to discuss how your child has settled into their class, some successes they have had and some next steps in their learning which could be supported at home. In order to facilitate these, and maintain current safety measures, all consultation meetings this term will be 'online' - hosted through Microsoft teams. We will send out the technical and safeguarding details separate to this letter and the link for your meeting will be sent.

As a school, we are proud of our social responsibility to our families and we are aware that the end of the universal credit uplift has ended and the cost of living, including home fuel costs are due to rise. There is a Warm Home discount available from the Government for those on low incomes and several debt support charities such as Citizens Advice, Step Change and National Debt as well as www.entitledto.co.uk and www.turn2us.or.uk

As parents, you want to support your children grow and develop with the resilience they need to not only face the setbacks that inevitably will come (and not just pandemics), but also be able to thrive in life. Children can learn to deal with uncertainty, with your support helping them to develop the skills and strategies to thrive. Bounce Forward is a Charity who offers support for families and school staff. They are offering parents £5 per session starting on 4 November for 6 weeks (live and recorded). Please sign up on the link if interested and pay £5: [Raise Resilience - Bounce Forward](#)

Year 7 Prospective Parents Evening 2021: Jack Hunt School's Virtual Prospective Year 7 Information Evening.: [Read More »](#)

Have a wonderful weekend.

Best wishes, Mrs McGonigle and Mr Fry



DO THE RIGHT THING

SAY YES TO THE VACCINE AND GET A TEST
IF YOU HAVE SYMPTOMS OF COVID-19

With Covid still in our communities, we all need to do the right thing to keep rates as low as possible.



⚠️ **Say yes to the vaccine. That's both doses.**

Everyone over the age of 18 can now get the jab.

Book online at www.nhs.uk/conditions/coronavirus-covid-19 or by phoning 119. For walk-in centres and pop up clinics visit www.thevaccinators.co.uk

Remember there must be an eight week gap between your first and second jab.

⚠️ **Get a test if you have symptoms.**

If you have symptoms of Covid-19 – a high temperature, a new or persistent cough or a loss in sense of taste or smell – book a test at www.gov.uk/get-coronavirus-test and self-isolate.

⚠️ **Self-isolate if you are asked to by NHS Test and Trace.**

Lots of support is available for people who need to self-isolate including payments of £500 and help with accessing food and medicine.

For information visit www.peterborough.gov.uk/selfisolationsupport

REMEMBER

- ✓ MEET PEOPLE OUTDOORS OR IN WELL-VENTILATED PLACES IF YOU CAN
- ✓ KEEP A POLITE DISTANCE FROM OTHERS
- ✓ WEAR A MASK IN CROWDED PLACES – OR WHERE YOU CAN'T KEEP A DISTANCE
- ✓ WASH YOUR HANDS WELL AND OFTEN



ⓘ For further updates and information check our website which will be regularly updated www.peterborough.gov.uk/coronavirus

IMPORTANT INFORMATION

Covid has not gone away. If your child has any of these symptoms please do not send them to school and book a PCR test:

A high temperature

A persistent cough

A loss of taste or smell.

PCR Tests can be booked at www.gov.uk/get-coronavirus-test or by calling 119.

Please visit a testing centre if you can, rather than getting a postal test, as these can take 2 weeks to return the result.

Lateral Flow Tests, the type you can collect from chemists, should not be used on children under 11.



IMPORTANT INFORMATION

PUPIL DETAILS

It is essential that we have up to date records for every child in school, particularly home address, email and mobile phone numbers. If you have moved or changed phone numbers, please call 01733 262696 or email office@mps.pkat.co.uk

Medication

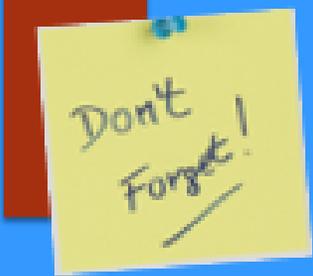
If your child requires prescribed medication during the school day, you must complete a Medication form.

Injuries (outside of school)

If your child has an injury, such as a broken bone, please do let us know as soon as possible. We will need to put a care plan in place before they return to school.

Illness/Other Absences

If your child is ill, please call the school office on 01733 262696 and select option 1 to leave a message. The absence line is available 24/7.



FREE SCHOOL MEALS

Applying for free school meals is quick and simple to do using the online application form at [Click Here](#)



Healthy snacks & water bottles
Children can bring in a healthy snack to have at break time. This **MUST NOT** be chocolate or nuts – we are a nut free school.
Children **must** bring in a named water bottle.



IMPORTANT

Year 6 Parents

Secondary School Applications 2022

Apply online NOW
Deadline 31st October

[Click Here](#)

Don't
Forget!

HALF TERM

Last Day of term Thursday 21 October
Half Term – Monday 25 – Friday 29 October

Reception – Yr6

**A response is
required**

**Nasal Flu Immunisation
3 November 2021 at
school**

**You must accept or decline the
vaccination by completing the
form sent home with your child
this week
Please return this to the class
Teacher**

IMPORTANT

There is a vacancy on our Local Governing Body for a Parent Governor. Would you like to volunteer your time and energy to make a positive difference for all children at Middleton?



Why should I become a Parent Governor?

Governors have an important part to play in helping schools to run effectively. They work as part of a team with the Headteacher and school staff to help provide a happy, safe and thriving learning environment and an excellent education for all children. As a Parent Governor, you will be well placed to understand parents' views and have first-hand knowledge of how the school is run. You will have the opportunity to work toward improving the school experience for all children at Middleton.

What does a Parent Governor do?

You will join a team of Governors and school leaders at Governor meetings (currently on Microsoft Teams – no more than 5 meetings per year) and you will be invited to visit school to talk to staff and children about school priorities. As a Governor, you can also bring your own skills to the team and support with finance, HR, premises and community work. If you become a Governor, there is induction training with more training available throughout the year.

For more information/
to express your interest,
please email
office@mps.pkat.co.uk



Wednesday Wiggle

Need a mid-week boost?

Try Wednesday Wiggle! A lunchtime disco alternating between key stages.

Ask your teacher to email Mrs Barnes with your favourite song.

Everyone welcome – there are no bad dancers (except for Mr Burrows).





Halloween half term activities



South Bretton Family & Community Centre

Join us for FREE spooky Halloween pumpkin carving and crafts activities!



Wednesday 27 October, three time slots available, between 1pm & 4pm

Call 01733 396404 to book your time slot or scan the QR code to complete the booking form on our website.



SCAN ME



CKH Careers Club



Looking for work or a way to further your career? We can help you to gain all the practical skills you need to find the job of your dreams!

Our work coaches will devise a personal plan for you, identifying your skills and any training you need.

Plus you'll get help with finding job, writing your CV, completing application forms and interview skills.

Help is available over the phone, by email and in person. We also have online support available through CKH Learning Call 01733 396404 to find out more.

**South Bretton Family & Community Centre
Every Tuesday
10.00am -12.00pm**

**Westwood Community Hub
Every Thursday
10.00am -12.00pm**

Places are limited and must be booked in advance. Call 01733 396404 to book. Social distancing rules apply.



Follow us on Facebook to find out about all our events

www.crosskeyhomes.co.uk

For more information about this event you can email community@crosskeyhomes.co.uk or call 01733 396404.

COMMUNITY





Rutland
Outdoor
Education
Centre

Holiday half-term family groups!

Are you looking for something to do with your family & friends during October half-term....?

Why not visit us for one of our family sessions... no age limits - everyone welcome; parents, children, grandparents...!

During your session you will visit our forest & farm school, trying your hand at the following activities:

- Exploring our woodland and Den making
- Outdoor Cooking on an open campfire
- Getting messy and creative in the 'mud kitchens'
- Climbing trees
- Exploring water through pond-dipping
- Learning about insects, animals, plants and trees through investigation
- Meet some of our farm animals, getting up close and being able to feed them



October 2021



Contact us now to make your booking
(limited places)

www.roec.co.uk/contact-us

Group Information:

Monday 18th October
10:00-12:00

Wednesday 20th October
10:00-12:00

Thursday 21st October
10:00-12:00

Or

Monday 25th October
10:00-12:00

Tuesday 26th October
10:00-12:00

@ £10 per person per
session



Middleton



Marvin has a new home in the school reception area.



Middleton



Cooking pasta
with year 5



Off to first Aid
training



Practicing CPR



News from the classes.

This week...
Class 4NB



Last Friday was World Mental Health day, the whole school wore yellow and as a class we made positive affirmation fortune tellers



We also had a tennis lesson with a coach who came to visit us



WORLD
MENTAL
HEALTH
DAY



LEARNING

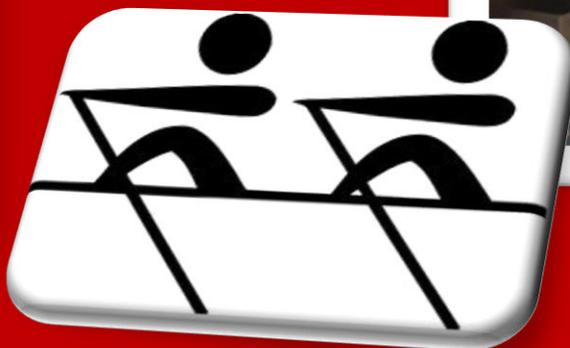




On Tuesday we met Paralympian rower and gold medalist James Fox (Previous Thorpe Primary and Jack Hunt student)



I could win a gold medal..





In Design Technology we have been designing a computer to suit the needs of an **evil scientist**



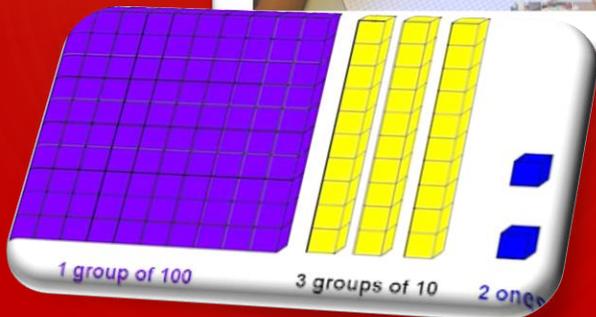
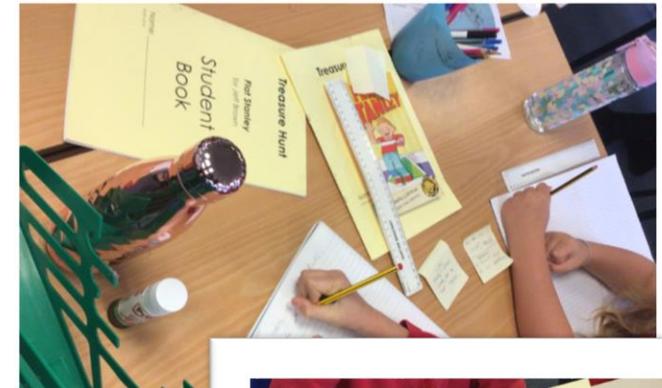
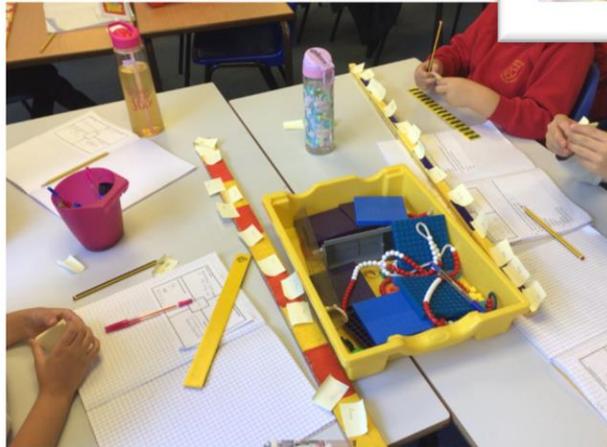
In **R.E** we have been learning about saints and their characteristics



In **Maths** we have been working hard using resources to support our learning



In **SFA** we have been recapping on what makes a sentence.



Class Champions EYFS and Lower School

Learning with our head, heart and hands

Milly
3LC/SC

Mason
2KB

Alex
3LC/SC

Mujib
Butterflies

Neorah
2KB

D'Andre
2SD

Alesha
3ET/OW

Rion
Ladybirds

Hauwa
Butterflies

Lily
3ET/OW

Henley
Ladybirds

Ann
2SD

PERSONAL
BEST



Class Champions Upper School

Learning with our head, heart and hands

Isabelle
4RT/PO

Milana
5AM

Joshua
4NB

Sophie H
Y6

Esther
4NB

Skyla
5AA

Drake
Y6

Mason S
Y6

Johan
4RT/PO

Ashleyne
5AM

Lana
Y6

Alyssa
5AA

PERSONAL
BEST





PERSONAL BEST

Achievements and success inside AND outside of school.

The banner includes icons for sports (soccer, tennis, basketball), a laptop, and a person in a martial arts uniform.

All sports

Lego master

Martial Art

Playing a musical instrument

If your child achieves a 'Personal Best' out of school, please email a photo to office@mps.pkat.co.uk so we can share their wonderful achievements on this page every week.

Nicole in 3LC/SC brought in this silk clay model of Angel and Stitch she created at home linked to our topic work

Dance/
Gymnastics

Coding

Swimming

Cricket

Football

Art + Work

Football Tuesday#2

Sports this week!

Score 7-1
win!



Fantastic coaching
from the sideline by
Mr Nicholls.

Marvin selfie!



Penalty!



We were lucky enough to have a Tennis coach come in to teach Year 4 some tennis last Friday! The children had a fantastic time and learned some great tennis skills. Year 5 are having their session right now!



Young Ambassadors
Some children from Y5 and 6 went to learn how to be a Young Ambassador and how to promote sport and physical activity at school. Hopefully, we can implement some ideas soon.
Watch this space!



"Brilliant!" ~ Mrs Ould (Year 4)



Birthdays this week



Ibrahim
9

Aicha
5



Lilly-Mae
7

Daniel
5



Henry
6

Gabriella
11

Amelia
6



Happy Birthday from everyone at Middleton!