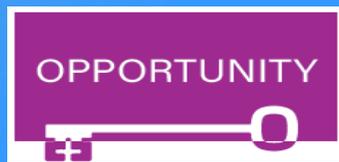




Welcome to our **Feelgood Friday** assembly.

Enjoy the music while we wait for the classes to join.

Please mute your microphone while you wait.





**Feel Good  
Friday  
Newsletter**

**10th  
December  
2021**

UNLOCKING  POTENTIAL





## Message from Mrs McGonigle and Mr Fry

Dear Parents and Carers,

This week has been extremely busy across the school with so many wonderful festive activities, including a **daily letter via video from the Elves at the North Pole**. Please see our previous email for details of festive activities.

As you will be aware there are still rising numbers of cases of Covid-19 across the city, and we would like to reassure you that we continue to take additional measures to mitigate the risk of transmission within school. Although we have seen positive cases in our school community, we have not seen these develop into outbreaks at any time (5+). Please help us by making yourselves aware of and adhering to the current guidelines including those for the new Omicron variant, which can be found here [L Coronavirus: how to stay safe and help prevent the spread - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/coronavirus/coronavirus-how-to-stay-safe-and-help-prevent-the-spread).

All classes will also have a Christmas party to help celebrate the season together.

Try this list of wonderful things to do as a family: [50 things to do before you're 11¼ | National Trust](#)

At the end of this term we will be saying farewell to Mrs Downer; she will start her maternity leave in January and we wish her well with for this special time for her and her family. We also say a fond farewell to Mrs Chapman, who is starting at Ravensthorpe in January. Mrs Chapman has been with us for 2 academic years and we would warmly welcome her back and hope that she stays in touch. A fantastic opportunity arose that was too good to miss.

Finally, Christmas can be a special time for many but for others it can be really challenging and a time of loneliness, debt, pressure and relationship difficulties [Money worries at Christmas - Money and Mental Health Policy Institute](#); and [Thriving at Christmas.pdf \(time-to-change.org.uk\)](#) (this is an excellent resource for mental health advice). It is always important to spread festive magic and kindness but to be mindful that some people need a different approach and may avoid Christmas festivities. Enjoy spending time with your loved ones however you wish to do so.

Have a wonderful weekend. Best wishes, Mrs McGonigle and Mr Fry

# Last week of term activities

 Monday December 13	<ul style="list-style-type: none"><li>• Letter from Santa's North Pole Elves</li><li>• Santa Run – weather dependant. May be postponed to another day. This is an extended daily mile with Christmas music and treats. Please feel free to wear something Christmas themed (hats, scarves etc.)</li></ul>
Tuesday December 14 	<ul style="list-style-type: none"><li>• Christmas Dinner – <b>KS1</b></li><li>• Letter from Santa's North Pole Elves</li></ul>
 Wednesday December 15	<ul style="list-style-type: none"><li>• Christmas Dinner – <b>KS2</b></li><li>• Letter from Santa's North Pole Elves</li><li>• Visit to Santa's Grotto – all children</li></ul>
Thursday December 16 	<ul style="list-style-type: none"><li>• Letter from Santa's North Pole Elves</li><li>• Jack and The Beanstalk Virtual Pantomime – <b>whole school</b></li></ul>
 Friday December 17 <b>Last Day of Term</b>	<ul style="list-style-type: none"><li>• Letter from Santa's North Pole Elves</li><li>• Carols in the sensory garden</li><li>• Christmas Parties - <b>all classes</b>. Children to wear their own clothes all day. Please no food or drink sent in from home for the parties.</li></ul>
<b>Wednesday January 5 2022</b>	School reopens for all pupils. Please ensure all children are back in school as no extended holidays will be authorised. Please consider this when booking any holidays abroad that may require a period of isolation.

**HOLIDAY ACTIVITIES AND FOOD (HAF) PROGRAMME  
CHRISTMAS SHOW SPECIAL**

**If your child is receiving free school meals, you may be eligible to attend the Christmas holiday scheme for FREE!**

★ ★ THE ★ ★  
**SNOW QUEEN**



AGES  
5 - 12

**CREATIVE WORKSHOP • LUNCH • CHRISTMAS SHOW**

**MON 20 & TUE 21 DECEMBER 12.30pm – 4.30pm  
at CAMBRIDGE JUNCTION  
Clifton Way, Cambridge, CB1 7GX**

A special experience in the Christmas holidays for children aged 5 – 12 years and their supervising adult. Take part in a simple and fun craft activity working up an appetite for a tasty lunch to eat together. Then sit back and enjoy the story of *The Snow Queen* by award winning theatre company New International Encounter.

Join Gerda on her amazing quest to save her best friend Kaj from the Snow Queen in the frozen north. Featuring 6 actors, live music, a bicycling reindeer and a sprinkle of snow.

**HOW TO BOOK**

Please visit [Cambridgeshire.gov.uk/haf](http://Cambridgeshire.gov.uk/haf) to get your unique booking code. Email [cat.moore@nie-theatre.com](mailto:cat.moore@nie-theatre.com) with your code to book your place.

For any queries, please call 01223 403343.  
All children must be accompanied by a supervising adult.



Supported by  
**ARTS COUNCIL  
ENGLAND**



Cambridgeshire  
County Council

This offer is part of the Holiday Activities and Food Programme. More info on the show at [junction.co.uk](http://junction.co.uk)

THE  
**SNOW QUEEN**

CAMBRIDGE JUNCTION CHRISTMAS SHOW

FOR AGES 5+

**8TH DECEMBER - 3RD JANUARY**

CAMBRIDGE JUNCTION  
CLIFTON WAY,  
CB1 7GX

TICKETS £16.50  
(£11 CON)  
JUNCTION.CO.UK  
01223 511 511

**SNOW QUEEN**

"In times like ours, we need some theatre magic... little seriousness... This *Snow Queen* is just the thing"  
★★★★★ The Stage on the online version of *The Snow Queen*

"Offbeat fairytale is a little cracker"  
★★★★★ The Guardian on *Beauty and the Beast*

This December we are thrilled to be back with a show full of festive joy! From the makers of *Beauty and the Beast* and *Snow White*, this promises to be a magical experience to share with family and friends.

Last year we were online and made an abridged digital version of *The Snow Queen* filmed in beautiful Cambridgeshire woodlands. This year we are returning to the much-loved story to make a new, extended adaptation with 6 performers and bursting with live music.

Join Gerda on her amazing quest to save her best friend Kaj from the Snow Queen in the frozen north. Featuring a broken mirror and irritable ogres, helpful crows, a bicycling reindeer and a sprinkle of snow in this epic re-telling.

Recommended for everyone aged 5+

MON	TUES	WEDS	THURS	FRI	SAT	SUN
		8th Dec	9th Dec	10th Dec	11th Dec	12th Dec
★ ★		5pm*	10.30am* 7pm		11am 2.30pm	11am 2.30pm ♦♦
13th Dec	14th Dec	15th Dec	16th Dec	17th Dec	18th Dec	19th Dec
10.30am*	10.30am* 6pm ♦♦	10.30am*	10.30am*	★ ★	11am 2.30pm	11am 2.30pm #
20th Dec	21st Dec	22nd Dec	23rd Dec	24th Dec	25th Dec	26th Dec
11am 2.30pm	11am 2.30pm	★	11am 2.30pm	11am 2.30pm	★ ★	★ ★
27th Dec	28th Dec	29th Dec	30th Dec	31st Dec	1st Jan	2nd Jan
11am 2.30pm	11am ♦♦ 2.30pm ♦♦	11am 2.30pm	11am 2.30pm	11am 2.30pm	★	2.30pm
3rd Jan						
11am 2.30pm						

**Book Tickets -**  
Tickets £16.50 (£11 con)  
Group of 4 save 15% (max. 2 adults)  
All prices include booking fees.  
Run time 2hrs (inc. interval)

\* School & Group Bookings  
♦ Relaxed performances - Sun 12 Dec (2.30pm)  
♦ Tue 14 Dec (6pm), Tue 28 Dec (11am & 2.30pm)  
# BSL (British Sign Language) interpreted show - Sun 19 Dec (2.30pm)  
♦ Reduced capacity performances to allow more space within the auditorium - Sun 12 Dec (2.30pm), Tue 14 Dec (6pm), Tue 28 Dec (11am & 2.30pm)

@CAMBJUNCTION @NIETHEATRE 01223 511 511 Cambridge Junction, Junction.co.uk Clifton Way, Cambridge CB1

**FREE TO ALL  
KS1 & KS2 CHILDREN  
BOOKING IS REQUIRED**



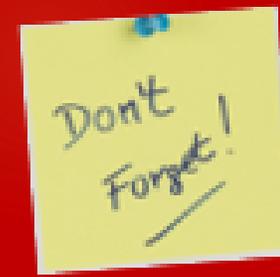
**CHRISTMAS LUNCH**



**FREE TO ALL STAFF  
BOOKING IS REQUIRED**

**BOOKING DETAILS HAVE BE SENT OUT BY EMAIL**

*Sending Christmas wishes  
to you all*



*Christmas Cards*

*This year, children will be able to send Christmas Cards to friends in their own class **only** and not to other classes. A list of first names can be provided by the Class Teacher.*



# DO THE RIGHT THING

SAY YES TO THE VACCINE AND GET A TEST  
IF YOU HAVE SYMPTOMS OF COVID-19

With Covid still in our communities, we all need to do the right thing to keep rates as low as possible.



⚠️ **Say yes to the vaccine. That's both doses.**

Everyone over the age of 18 can now get the jab.

Book online at [www.nhs.uk/conditions/coronavirus-covid-19](http://www.nhs.uk/conditions/coronavirus-covid-19) or by phoning 119. For walk-in centres and pop up clinics visit [www.thevaccinators.co.uk](http://www.thevaccinators.co.uk)

Remember there must be an eight week gap between your first and second jab.

⚠️ **Get a test if you have symptoms.**

If you have symptoms of Covid-19 – a high temperature, a new or persistent cough or a loss in sense of taste or smell – book a test at [www.gov.uk/get-coronavirus-test](http://www.gov.uk/get-coronavirus-test) and self-isolate.

⚠️ **Self-isolate if you are asked to by NHS Test and Trace.**

Lots of support is available for people who need to self-isolate including payments of £500 and help with accessing food and medicine.

For information visit [www.peterborough.gov.uk/selfisolationsupport](http://www.peterborough.gov.uk/selfisolationsupport)

## REMEMBER

- ✓ MEET PEOPLE OUTDOORS OR IN WELL-VENTILATED PLACES IF YOU CAN
- ✓ KEEP A POLITE DISTANCE FROM OTHERS
- ✓ WEAR A MASK IN CROWDED PLACES – OR WHERE YOU CAN'T KEEP A DISTANCE
- ✓ WASH YOUR HANDS WELL AND OFTEN



ⓘ For further updates and information check our website which will be regularly updated [www.peterborough.gov.uk/coronavirus](http://www.peterborough.gov.uk/coronavirus)

## IMPORTANT INFORMATION

Covid has not gone away. If your child has any of these symptoms please do not send them to school and book a PCR test:

A high temperature

A persistent cough

A loss of taste or smell.

PCR Tests can be booked at [www.gov.uk/get-coronavirus-test](http://www.gov.uk/get-coronavirus-test) or by calling 119.

**Please visit a testing centre** if you can, rather than getting a postal test, as these can take 2 weeks to return the result.

**Lateral Flow Tests**, the type you can collect from chemists, should not be used on children under 11.



# IMPORTANT INFORMATION

## PUPIL DETAILS

It is essential that we have up to date records for every child in school, particularly home address, email and mobile phone numbers. If you have moved or changed phone numbers, please call 01733 262696 or email [office@mps.pkat.co.uk](mailto:office@mps.pkat.co.uk)

## Medication

If your child requires prescribed medication during the school day, you must complete a Medication form.

## Injuries (outside of school)

If your child has an injury, such as a broken bone, please do let us know as soon as possible. We will need to put a care plan in place before they return to school.

## Illness/Other Absences

If your child is ill, please call the school office on 01733 262696 and select option 1 to leave a message. The absence line is available 24/7.



## FREE SCHOOL MEALS

Applying for free school meals is quick and simple to do using the online application form at [Click Here](#)



Healthy snacks & water bottles  
Children can bring in a healthy snack to have at break time. This **MUST NOT** be chocolate or nuts – we are a nut free school.  
Children **must** bring in a named water bottle.





# MENTAL HEALTH SUPPORT SERVICES

For Young People

YOUTH INSPIRED

PETERBOROUGH CITY COUNCIL

PCVS Making Lives Better!

Department for Digital, Culture Media & Sport

COMMUNITY FUND

**Centre 33**  
 Whatsapp: **07514 783745**  
 Call **0333 41410808**  
 help@centre33.org.uk  
 **13-25yrs**

**YPCS**  
 Call: **0800 634 4395**  
 Admin@ypcs.uk  
 Online Chat  
**11-18yrs**  
 Young Peoples Counselling Service

**ChildLine**  
 Chat boards,  
 1-2-1 Support,  
 Call: **0800 1111**  
 **Under 19yrs**

**ClearFear**  
 Anxiety Support App  
**11-19yrs**  
**Calm Harm**  
 Self Harm Support App  
**13yrs+**

**Young Minds**  
 Young People text: **YM to 85258**  
 Parents helpline: **08088025544**  
**14-25yrs**  


**Kooth**  
 Online Chat:  
 Mon – Fri: **12–10pm**  
 Sat & Sun: **6–10pm**  
**11-18yrs**  


**CALM**  
 Call **0800 58 58 58**  
 A helpline for people who need to talk or find support  
 **9am- midnight every day of the year**

**The Kite Trust**  
 LGBTQ+ Support  
**01223 369508**  
 info@thekitetrust.org.uk  
 **Under 25yrs**  
 Gender and sexuality Supporting young people

**Samaritans**  
 Call for Free **116 123**  
 Whatever you are going through, call anytime  
 

**The Mix**  
 Crisis Messenger:  
 text **THEMIX** to **85258**  
 Call **0808 8084 994**  
**Under 25yrs**  
 

**ChatHealth**  
**Cambs & Pboro**  
 Text **07480 635 443**  
**Ages 11-19**  


**Papyrus**  
 Suicide Hopeline  
**0800 068 4141**  
**Under 35yrs**  
 **9am- midnight every day of the year**

[youthinspired\\_peterborough](#)  
 Youth Inspired  
[YouthInspired\\_P](#)  
[youthinspired@pcvs.co.uk](#)



Follow Youth Inspired for useful information & 'Whats On' guides for young people in Peterborough



# Free adult Christmas craft sessions!



South Bretton Family & Community Centre

- Christmas cards  
Tuesday 30 November 1pm-2.30pm
- Christmas decorations  
Tuesday 14 December 1pm-2.30pm

Westwood Community Hub

- Christmas cards  
Thursday 2 December 1pm-2.30pm
- Christmas decorations  
Thursday 16 December 1pm-2.30pm

To book your place on a session call 01733 396404 or scan the QR code to complete the booking form on our website.



# Free Christmas craft sessions for kids



South Bretton Family & Community Centre

Join us for some festive fun making snow globes, reindeer cones and Christmas colouring!

Sessions are running on Tuesday 21 December, three time slots available between 1pm & 4pm



To book your place on a session call 01733 396404 or scan the QR code to complete the booking form on our website.



## Peterborough Healthy, Happy Holidays

Children and young people who are eligible for free school meals through qualifying benefits may be able to access a fully funded holiday place, during the School holidays!

Everyone will receive a nutritious meal and have opportunities to take part in enriching activities!



For further information on the programme, available locations and provider details please contact [www.peterborough.gov.uk/HAF-Programme](http://www.peterborough.gov.uk/HAF-Programme) or Families Information Service on 01733 864446

For HAF queries please contact [HAF@peterborough.gov.uk](mailto:HAF@peterborough.gov.uk)



Department for Education

Fully funded by the Department for Education

\*Easter, Summer and Christmas school holidays



COMMUNITY





BRETTON  
**CHRISTMAS**  
FAYRE

SAT 11th DECEMBER  
10am - 5pm

AT THE CRESSET, BRETTON  
For the **Community** by the **Community**

**FREE ENTRY**

For More Information Contact  
Email: [miriamwhittam@yahoo.co.uk](mailto:miriamwhittam@yahoo.co.uk)

Christmas Crafts Christmas Activities Gift Stalls  
Food Free Mince Pies & Mulled Wine



**CHROMA**  
SCHOOL : SPORT : BUSINESS

**FESTIVE OFFER**  
**25% DISCOUNT**  
ON ALL ITEMS IN STOCK  
AND PURCHASED IN STORE\*

**PERIOD OF OFFER**  
1ST DECEMBER - 7TH JANUARY

TEL: 01733 262526  
[sales@chromasport.co.uk](mailto:sales@chromasport.co.uk)  
10 WULFRIC SQUARE, PE3 8RF



\*SUBJECT TO AVAILABILITY ON STOCK SCHOOLWEAR\*

COMMUNITY



Please see message from Katy who works for Barnardo's as a Community Engagement Officer. She is currently working on a project funded by local government to engage with local communities around the impact of Covid-19.

As a Community Engagement Officer, she can offer support and guidance around issues arising from Covid-19 and ensure that individuals understand the guidance around ensuring their safety and dispel the myths there are surrounding some aspects.

So that Katy can better understand the real impact of Covid-19 on local communities she has shared a survey for completion, please click the link below:

<https://forms.office.com/Pages/ResponsePage.aspx?id=GR8bF2d1PE27mnSK0D8wGhTxOn4B2ZpLt9usU6H6LmdUN0Y0V0s1UldDT1Y1VVdXMUdVT1k5WldGNS4u>

If you have any questions or require further support, please contact her:

Katy Wild  
Community Engagement Officer  
Barnardo's Child & Family Centres, Peterborough and Cambridgeshire  
[katy.wild@barnardos.org.uk](mailto:katy.wild@barnardos.org.uk)



There is a vacancy on our Local Governing Body for a Parent Governor. Would you like to volunteer your time and energy to make a positive difference for all children at Middleton?



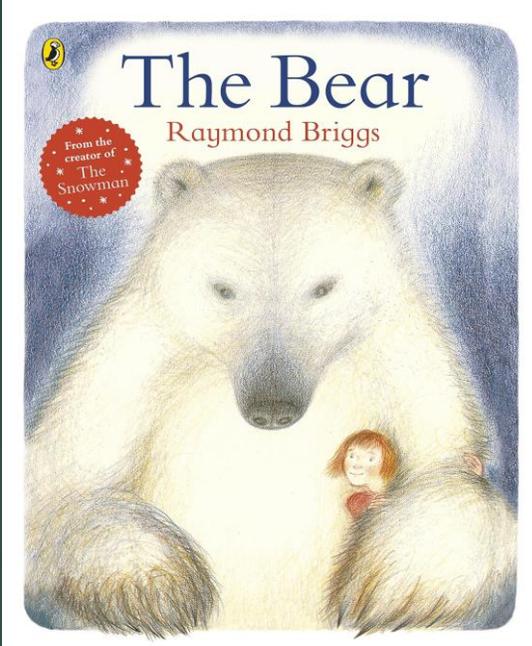
Why should I become a Parent Governor?

Governors have an important part to play in helping schools to run effectively. They work as part of a team with the Headteacher and school staff to help provide a happy, safe and thriving learning environment and an excellent education for all children. As a Parent Governor, you will be well placed to understand parents' views and have first-hand knowledge of how the school is run. You will have the opportunity to work toward improving the school experience for all children at Middleton.

What does a Parent Governor do?

You will join a team of Governors and school leaders at Governor meetings (currently on Microsoft Teams – no more than 5 meetings per year) and you will be invited to visit school to talk to staff and children about school priorities. As a Governor, you can also bring your own skills to the team and support with finance, HR, premises and community work. If you become a Governor, there is induction training with more training available throughout the year.

For more information/  
to express your interest,  
please email  
[office@mps.pkat.co.uk](mailto:office@mps.pkat.co.uk)



# Year 2 School Trip

Minerva and Marvin visited The New Theatre with Year 2 to watch The Bear! There were lots of instruments, including a harp, violins and trombones.



This was some of the children's first time on a bus and seeing an orchestra!

# News from the classes.

LEARNING

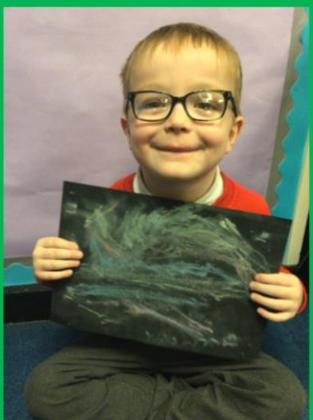
This week...  
Ladybirds and  
Butterflies

This term in the afternoons we have been learning all about **The Arctic Circle**. We have thoroughly enjoyed this topic and closer to Christmas, we have discovered that a very special person lives within the arctic circle...



Ho, ho, ho!

This week we have been learning about the **Aurora Borealis**... The Northern Lights. We were fascinated by these amazing visions of colour and even replicated our own.

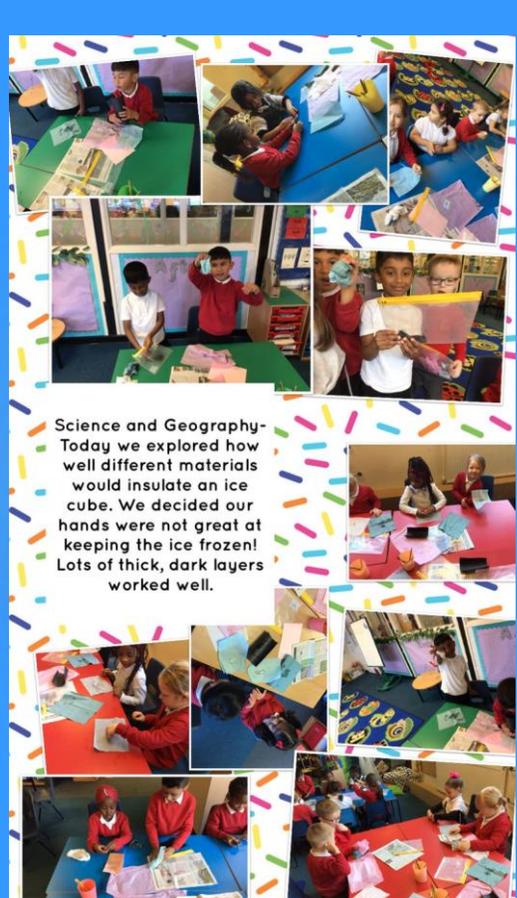


# News from the classes.



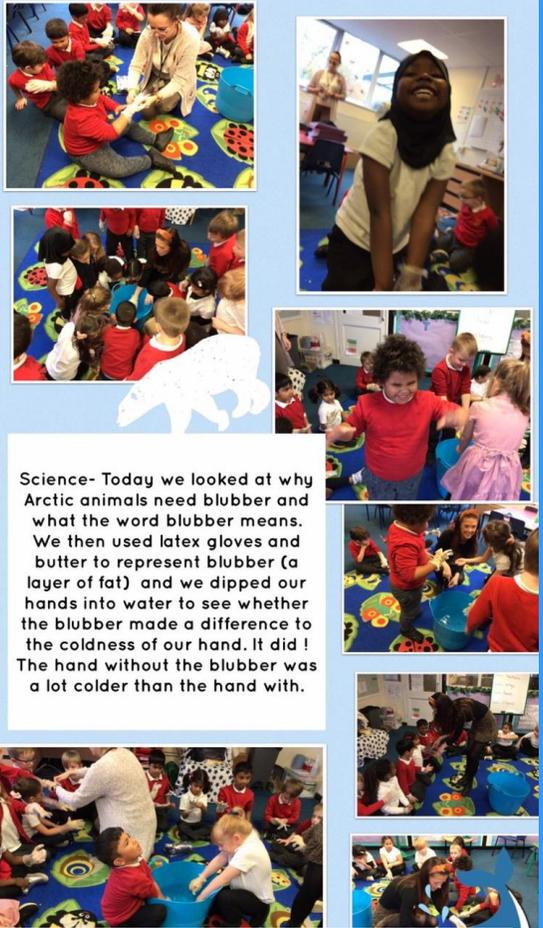
This week...  
Ladybirds and Butterflies

As we finish The Arctic Circle topic, we wanted to show you some of the many, amazing experiences we have had throughout the term.



Science and Geography- Today we explored how well different materials would insulate an ice cube. We decided our hands were not great at keeping the ice frozen! Lots of thick, dark layers worked well.

What is a good insulator?



Science- Today we looked at why Arctic animals need blubber and what the word blubber means. We then used latex gloves and butter to represent blubber (a layer of fat) and we dipped our hands into water to see whether the blubber made a difference to the coldness of our hand. It did! The hand without the blubber was a lot colder than the hand with.

What is Blubber?



Concept D cont. 16/11/21. Shelter for Inuits.

We have learnt that Inuits lived in shelters made from blocks of hard packed snow called igloos. Igloos were made when Inuits went on hunting trips. We watched a clip on how igloos are made. After this we used Lego to build our own igloo.

Where do Inuit's live?



07.12.21 We used our computer skills to make a Northern Lights display. We painted these using the paint programme on purple mash! Miss Miller and Miss McDermott were very impressed with our creations.

What skills have we used this week?

# News from the classes.

LEARNING

This week...  
Ladybirds and  
Butterflies

In **PSHE** we have been thinking about how we can greet another person. This can be using a spoken language or by a gesture such as a wave, hug or a handshake.

We took inspiration from famous handshakes and decided to create our own handshake to greet our friends with.



Let's see our  
Ladybird's and  
Butterflies in  
action.

LEARNING

# News from the classes.

LEARNING

This week...  
Ladybirds and  
Butterflies



Every day we unwrap a Christmas book from Edwin the Elf.



Children receive a daily letter/video from the Elves at the North Pole



Edwin gets up to mischief every night.



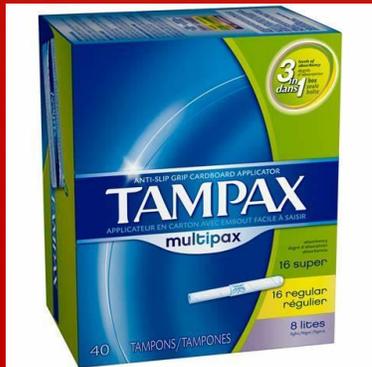
Jingles is also very mischievous!

# Hats for Mini and Marvin!



Thank you  
Arjannia,  
Annalise,  
Basil and Jiya  
and Amelia

for our lovely Christmas hats



# Christmas Hampers

Please donate to our Hampers for the Homeless. Any small, useful items such as deodorant, gloves, body wash or warm hats and gloves. Please hand in to your class teacher.

# Christmas Card Competition Winners

Skyla – Year 5

Natalia – Year 4

Jiya – Year 4

Shaun – Ladybirds

Izabela B – Year 2

Leja – Ladybirds

Neya – Year 2

Raitis – Year 5

Lily – Year 5

Smilte – Year 2

Alex – Year 3

Natalie – Year 3

Theo – Year 3

Krystian – Year 4

And the winner is.....



Class Champions from last week  
EYFS and Lower School

Learning with our head, heart and hands

Martin  
3ET/SC

Nojus  
2KB

Dominik  
3ET/SC

Klay  
Ladybirds

Freddy  
2SD

Bella  
Owls

Filip  
Butterflies

Arleyn  
Robins

Mathew  
3OW

Lottie  
2KB

Aaliyah  
3OW

Angeliki  
Ladybirds

Miracle  
Butterflies

Lacey  
mim  
2SD

PERSONAL  
BEST



# Class Champions Upper School

Learning with our head, heart and hands

Ethan  
4RT/PO

Romeo-Lee  
5AM

Natalia  
4NB

Tajus  
Y6

Krystian  
4NB

Khizr  
Yr 6

Nanma  
Y6

Sophie  
Y6

Arijus  
4RT/PO

Sophie  
5AM

Deon  
5AA

Eva  
5AA

PERSONAL  
BEST





**This week Annabella (2KB) received her Movie Screening badge for attending a movie with Rainbows!**



**Achievements and success inside AND outside of school.**

If your child achieves a 'Personal Best' out of school, please email a photo to [office@mps.pkat.co.uk](mailto:office@mps.pkat.co.uk) so we can share their wonderful achievements on this page every week.

**This week Arjannya painted a beautiful fire picture. Her friends didn't believe that she had done it herself!**



**Art Work**

**Coding**

**Martial Art**

**Football**

**Cricket**

**Lego master**

**Swimming**

**Sara 4RT/PO took her Brownie promise and got her first badges: Bee Challenge & #30 Day Wild Challenge.**



Noah H (2KB) receiving Man of the Match playing for his grassroots team Park Farm Pumas at the weekend. He's very proud



Football

**PERSONAL BEST**

Achievements and success inside AND outside of school.

The graphic features a central blue banner with the text 'PERSONAL BEST' and a white key icon. To the left are icons for sports (a soccer ball, a tennis racket, and a basketball) and music (a treble clef and musical notes). To the right is an icon of a laptop and a photo of a child in a white karate gi performing a move on a mat.

If your child achieves a 'Personal Best' out of school, please email a photo to [office@mps.pkat.co.uk](mailto:office@mps.pkat.co.uk) so we can share their wonderful achievements on this page every week.

Last week Ruan Alappat Butterflies achieved his White and Yellow belt in Martial Arts with A Grade.



Martial Art

Martial Art



Lilliannah from 2KB was star of the class in karate for doing so well :) she always tries her best in everything she does.

# Sports this week



A fantastic performance against Castor Primary School from the girls in stormy conditions. It was the first time they had played together and for some of them, it was their first ever football match. Well done girls!



Football training continues for the boys footballers running up to the big competition in March



Beautiful weather on Thursday for the daily mile in year 3



Dance routines in year 6



# Birthdays this week



Happy Birthday from everyone at Middleton!

Everyone  
around the  
world,  
come on!



Celebrate  
everything  
you have  
achieved this  
week.

You are all  
**AMAZING!**

