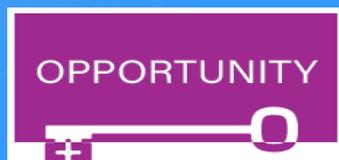




Welcome to our **Feelgood Friday** assembly.

Enjoy the music while we wait for the classes to join.

Please mute your microphone while you wait.





**Feel Good
Friday
Newsletter**

**4th
February
2022**

UNLOCKING  POTENTIAL

LEARNING



OPPORTUNITY



COMMUNITY



**PERSONAL
BEST**



LEADERSHIP





Message from Mrs McGonigle and Mr Fry

Dear Parents and Carers,

We have had another wonderful week in schools with all classes thoroughly engaged in their Global Learning topics; Year 2 were learning about Geothermal Energy. Year 6 had another visit from the Kinder Transport Small Nose Theatre Company to continue their exploration of World War 2 and the evacuation of Jewish children during the war. Year 1 have been learning about animals habitats and maybe this weekend they could explore the outdoor world to find some minibeasts. Year 3 have been learning about traditions and customs in countries across the world. We aim at all times for our pupils to develop tolerance, understanding and appreciation of the world they live in. It is so important that our pupils realise that they are global citizens.

The NHS has launched a new campaign urging parents to ensure their children have had all their routine vaccinations before starting school, amid concerns that MMR vaccine uptake in England has dropped to the lowest level in a decade. Coverage among five-year-olds for two doses of the measles, mumps and rubella jab has fallen to 85.5%, compared to the World Health Organisation 95% target to "achieve and sustain measles elimination". The UK Health Security Agency (UKHSA) said vaccination rates fell significantly since the beginning of the COVID-19 pandemic. This means that more than one in 10 children is starting school at risk of measles, which is a highly contagious disease that can lead to ear infections, pneumonia, inflammation of the brain, and - on rare occasions - long-term disability and death. A survey by the Department of Health shows that almost half of parents are unaware infection can lead to complications and only 38% know it can be deadly.

We have ordered lots of lovely new books as prizes for our classroom champions; we encourage all children to continue to work hard, using their head, heart and hands every day.

If you are interested in doing a virtual Museum night at home on Saturday 5 February, please click on the link below.

[Museum Sleepover: Dinos AT HOME Tickets, Sat 5 Feb 2022 at 14:00 | Eventbrite](#)

Have a wonderful weekend and whatever you do, be kind.

Best wishes, Mrs McGonigle and Mr Fry

Poems of the week to celebrate Martin Luther King day and our values of Courage

Dr. King's Dream

Martin Luther King.

Had a dream.

For ALL people.

To be treated equally.

So when you see.

Something wrong.

Be strong!

Stand up.

And say-

That's not OK!

By: Johanna Tackill



Love Each Other

By Nikki Aksamit

Born in 1929,

He worked hard to erase the line

Between the races – black and white.

He used his own words to win the fight.

Everyone on one big team,

“Equal rights for all” was his dream.

Martin Luther King Jr. spoke of peace,

Hoping that hatred would someday cease.

By loving each other,

each woman and man,

We can complete his Noble plan.

DO THE RIGHT THING

SAY YES TO THE VACCINE AND GET A TEST
IF YOU HAVE SYMPTOMS OF COVID-19

With Covid still in our communities, we all need to do the right thing to keep rates as low as possible.



⚠️ **Say yes to the vaccine. That's both doses.**

Everyone over the age of 18 can now get the jab.

Book online at www.nhs.uk/conditions/coronavirus-covid-19 or by phoning 119. For walk-in centres and pop up clinics visit www.thevaccinators.co.uk

Remember there must be an eight week gap between your first and second jab.

⚠️ **Get a test if you have symptoms.**

If you have symptoms of Covid-19 – a high temperature, a new or persistent cough or a loss in sense of taste or smell – book a test at www.gov.uk/get-coronavirus-test and self-isolate.

⚠️ **Self-isolate if you are asked to by NHS Test and Trace.**

Lots of support is available for people who need to self-isolate including payments of £500 and help with accessing food and medicine.

For information visit www.peterborough.gov.uk/selfisolationsupport

REMEMBER

- ✓ MEET PEOPLE OUTDOORS OR IN WELL-VENTILATED PLACES IF YOU CAN
- ✓ KEEP A POLITE DISTANCE FROM OTHERS
- ✓ WEAR A MASK IN CROWDED PLACES – OR WHERE YOU CAN'T KEEP A DISTANCE
- ✓ WASH YOUR HANDS WELL AND OFTEN



ⓘ For further updates and information check our website which will be regularly updated www.peterborough.gov.uk/coronavirus

IMPORTANT INFORMATION

Covid has not gone away. If your child has any of these symptoms please do not send them to school and book a PCR test:

A high temperature

A persistent cough

A loss of taste or smell.

PCR Tests can be booked at www.gov.uk/get-coronavirus-test or by calling 119.

Please visit a testing centre if you can, rather than getting a postal test, as these can take 2 weeks to return the result.

Lateral Flow Tests, the type you can collect from chemists.



IMPORTANT INFORMATION

PUPIL DETAILS

It is essential that we have up to date records for every child in school, particularly home address, email and mobile phone numbers. If you have moved or changed phone numbers, please call 01733 262696 or email office@mps.pkat.co.uk

COMMUNITY



Medication

If your child requires prescribed medication during the school day, you must complete a Medication form.

Head Injuries

We have introduced a new system for minor head bumps/ injuries. Instead of calling parents, we are contacting parents/ carers via email when a child has a minor bump to the head. This system occurs successfully in other schools and does not expect parents to 'drop everything' to come into school if our qualified First Aiders have assessed them.

FREE SCHOOL MEALS

Applying for free school meals is quick and simple to do using the online application form at

[Click Here](#)

Injuries

(outside of school)

If your child has an injury, such as a broken bone, please do let us know as soon as possible. We will need to put a care plan in place before they return to school.

Illness/Other Absences

If your child is ill, please **email** or **call** the school office on **01733 262696** and select option 1 to leave a message. The absence line is available 24/7.

Don't Forget!



Healthy snacks & water bottles

Children can bring in a healthy snack to have at break time. This **MUST NOT** be chocolate or nuts – we are a nut free school.

Children **must** bring in a named water bottle.



▶ Please see message from Katy who works for Barnardo's as a Community Engagement Officer. She is currently working on a project funded by local government to engage with local communities around the impact of Covid-19:

▶ As a Community Engagement Officer, she can offer support and guidance around issues arising from Covid-19 and ensure that individuals understand the guidance around ensuring their safety and dispel the myths there are surrounding some aspects.

▶ So that Katy can better understand the real impact of Covid-19 on local communities she has shared a survey for completion, please click the link below:

▶

▶ <https://forms.office.com/Pages/ResponsePage.aspx?id=GR8bF2d1PE27mnSK0D8wGhtxOn4B2ZpLt9usU6H6LmdUN0Y0V0s1UldDT1Y1VVdXMUdVT1k5WldGNS4u>

▶

▶ If you have any questions or require further support, please contact her:

▶ Katy Wild, Community Engagement Officer, Barnardo's Child & Family Centres, Peterborough and Cambridgeshire

▶ katy.wild@barnardos.org.uk



Free half term crafts activities



South Bretton Family & Community Centre

Join us for **FREE** half term family craft making sessions, all based around the Chinese New Year!



Tuesday 15 February

Bookings will be taken for 45 minute slots.

Numbers are limited and places must be booked. Please call 01733 396404 to book your slot or just scan the QR code and fill in the enquiry form on our website.



Free NHS Health Checks



Health MOTs check your blood pressure and weight, and you can ask any questions and receive advice about healthy eating, exercise, stopping smoking and reducing alcohol intake. We can also refer you to our free services for support with lifestyle changes.



Plus, if you are aged 40-74 you can have a full health check, designed to spot early signs of stroke, kidney disease, heart disease, type 2 diabetes or dementia.

Wednesday 26 January	1pm - 5pm
Wednesday 16 February	1pm - 5pm
Wednesday 23 March	9am - 2.30pm
Wednesday 27 April	9am - 2.30pm
Wednesday 25 May	9am - 2.30pm
Wednesday 29 June	9am - 2.30pm



All sessions will be held at our South Bretton Family and Community Centre.

To register your place call 01733 396404 email community@crosskeyshomes.co.uk, or scan the QR code and complete the enquiry form on our website



Are you a new mum or a mum to be?



We've teamed up with Healthy You to offer you **FREE** nutritional, exercise and weight advice and support if you are hoping to get pregnant, are pregnant or have just had a baby.



You must:

- be over 16 years of age
- have a BMI of 25 or over

We'll support you with a weekly nutrition and exercise workshop for three months.

The programme starts on 11 January and will run every Tuesday between 9.30 and 11.30am at our South Bretton Family and Community Centre. Support is also available online if you are unable to make it in person.

You are welcome to bring along babies between 0 and 12 months.



To find out more and sign up call us on **01733 396404** or email community@crosskeyshomes.co.uk or just scan the QR code and fill in the form on our website and we'll be in touch.



Free Online Safety Guide

What parents and carers need to know about YouTube

The first YouTube video (of co-founder Jawed Karim at San Diego Zoo, trivia fans) was uploaded in April 2005. Since then, YouTube has grown into an absolute colossus of the online world: 2.3 billion users, watching an average of almost five billion videos between them every day – with 300 hours of footage being uploaded to the platform every minute. Truly astounding figures.

Anywhere that such a mountain of users encounters an ocean of content, however, are the crashing waves of risk. Youngsters discovering the diverse delights of YouTube can be jeopardised by other people's toxicity, unsuitable 'recommended' content and dangerous online challenges. Our #WakeUpWednesday guide has everything you need to know about YouTube.

[Click here](#)



What Parents & Carers Need to Know about YOUTUBE

INAPPROPRIATE CONTENT
YouTube is a vast, growing social media platform that allows anyone to upload videos. While it's a great place to watch videos, it's also a place where you can find inappropriate content. This includes videos that are violent, sexually explicit, or contain hate speech. Parents and carers should be aware of the risks of inappropriate content and take steps to protect their children from it.

HIGH VISIBILITY
YouTube is a highly visible platform, and videos can be seen by millions of people. This means that videos that are inappropriate or dangerous can reach a large audience quickly. Parents and carers should be aware of the risks of high visibility and take steps to protect their children from it.

CONNECT WITH STRANGERS
YouTube is a social media platform, and it allows users to connect with other people. This means that children can connect with strangers, which can be dangerous. Parents and carers should be aware of the risks of connecting with strangers and take steps to protect their children from it.

BANDS AND CHALLENGES
YouTube is a place where many different types of content are shared, including videos about bands and challenges. Some of these videos can be dangerous or inappropriate. Parents and carers should be aware of the risks of bands and challenges and take steps to protect their children from it.

SUGGESTED CONTENT
YouTube has a 'recommended' section that suggests videos to watch. This section can be dangerous because it can suggest videos that are inappropriate or dangerous. Parents and carers should be aware of the risks of suggested content and take steps to protect their children from it.

DANGEROUS CHALLENGES
YouTube is a place where many different types of content are shared, including videos about dangerous challenges. Some of these challenges can be dangerous or inappropriate. Parents and carers should be aware of the risks of dangerous challenges and take steps to protect their children from it.

Advice for Parents & Carers

KEEP BROTHERS TOO CLOSE
Parents and carers should be aware of the risks of inappropriate content, high visibility, connecting with strangers, bands and challenges, and suggested content. They should take steps to protect their children from these risks, such as using parental controls, monitoring their children's online activity, and talking to them about online safety.

TRY GOOGLE FAMILY LINK
Google Family Link is a free app that allows parents and carers to manage their children's Google accounts. It can help parents and carers to control what their children can see and do on their devices, and it can also help them to monitor their children's online activity.

CHECK OTHER PLATFORMS
Parents and carers should also check other platforms where their children might be using, such as social media and gaming. They should be aware of the risks of these platforms and take steps to protect their children from them.

MONITOR ENGAGEMENT
Parents and carers should monitor their children's engagement with YouTube. They should be aware of the risks of inappropriate content, high visibility, connecting with strangers, bands and challenges, and suggested content, and they should take steps to protect their children from these risks.

LIMIT SPENDING
Parents and carers should limit their children's spending on YouTube. They should be aware of the risks of inappropriate content, high visibility, connecting with strangers, bands and challenges, and suggested content, and they should take steps to protect their children from these risks.

Meet Our Expert
National Online Safety has a team of experts who can help parents and carers to protect their children from online risks. They can provide advice and support on a range of issues, including online safety, digital literacy, and cyberbullying.

National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.org.uk | @nationalonlinesafety



Rutland
Outdoor
Education
Centre

Holiday half-term family groups!

Are you looking for something to do with your family & friends during February half-term....?

Why not visit us for one of our family sessions... **no age limits** - everyone welcome; parents, children, grandparents...!

During your session you will visit our forest & farm school, trying your hand at the following activities:

- Exploring our woodland and Den making
- Outdoor Cooking on an open campfire
- Getting messy and creative in the 'mud kitchens'
- Climbing trees
- Exploring water through pond-dipping
- Learning about insects, animals, plants and trees through investigation
- Meet some of our farm animals, getting up close and being able to feed them
- Groom the ponies

Contact us now to make your booking
(limited places)

www.roec.co.uk/contact-us

Group Information:

Wednesday 16th February

10:00-12:00

or

12:30-2:30

Thursday 17th February

10:00-12:00

or

12:30-2:30

@ £10 per person - per session



Feb 2022





JUNIOR BAKE OFF

...IS LOOKING FOR THE UK'S
BEST YOUNG BAKERS
AGED 9 - 12

WWW.APPLYFORJUNIORBAKEOFF.CO.UK

**APPLICATIONS CLOSE
SUNDAY 13TH MARCH 2022**

Enquiries:
applyforjuniorbakeoff@loveproductions.co.uk

We are looking for young budding bakers between **9-12 years old**. Filming would take place from July 2022, but our **applications close on Sunday 13th March 2022**.

Interested bakers can apply online at -
www.applyforjuniorbakeoff.co.uk

contact us on **0207 067 4833**, should you have any questions.

There is a vacancy on our Local Governing Body for a Parent Governor. Would you like to volunteer your time and energy to make a positive difference for all children at Middleton?



Why should I become a Parent Governor?

Governors have an important part to play in helping schools to run effectively. They work as part of a team with the Headteacher and school staff to help provide a happy, safe and thriving learning environment and an excellent education for all children. As a Parent Governor, you will be well placed to understand parents' views and have first-hand knowledge of how the school is run. You will have the opportunity to work toward improving the school experience for all children at Middleton.

What does a Parent Governor do?

You will join a team of Governors and school leaders at Governor meetings (currently on Microsoft Teams – no more than 5 meetings per year) and you will be invited to visit school to talk to staff and children about school priorities. As a Governor, you can also bring your own skills to the team and support with finance, HR, premises and community work. If you become a Governor, there is induction training with more training available throughout the year.

For more information/
to express your interest,
please email
office@mps.pkat.co.uk

Class Champions EYFS and Lower School

Learning with our head, heart and hands

Oscar
3ET

Noah SD
2KB

Kojus
3ET

Leja
Lady
birds

Mariana
2RT/PO

Adhi
Owls

Hauwa
Butter
flies

Renee
Robins

Jack
3OW

Mark
2KB

Bernice
3OW

Ollie
Ladybirds

Butter
flies

Dilinas
2RT/PO

PERSONAL
BEST



Class Champions Upper School

Learning with our head, heart and hands

Marwa
Y6

Nicole
5AH/MS

Sydney
4CP

Louise
4CP

Onyx
4NB

Clara
4NB

Mason S
Y6

Brooklyn
Y6

Arijus
4CP

Igor
5AH/MS

Samuel
5AA

Raymond
5AA

Helan
Y6

PERSONAL
BEST



Art Work

Football



PERSONAL
BEST



Achievements and success
inside AND outside of school.



Dance

Lego

If your child achieves a 'Personal Best' out of school, please email a photo to office@mps.pkat.co.uk so we can share their wonderful achievements on this page every week.

Brownies

Martial Art

Music

Gym

Swimming

Sports this week

On Wednesday after school, the boys football team played a home game against Abbotsmede Primary. Middleton won 8-0. Well done to the boys and to Mr Nicholls for coaching!

Afterschool clubs



It was great to see so many children being active across the school!

Pe lessons



Breaktime



Lunchtime



Daily mile



Year 4

Dimensions – Under the Canopy

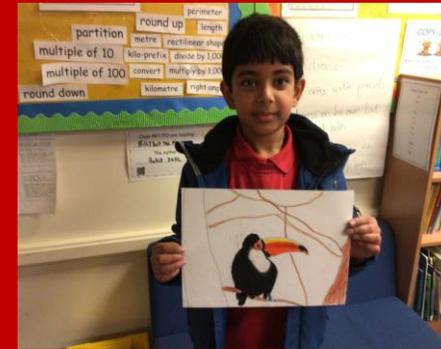
Science



We have been learning about the Rainforest and the Mayans.



Art



SFA

We have been looking at authorial style



We have been looking at Roald Dahl's writing style

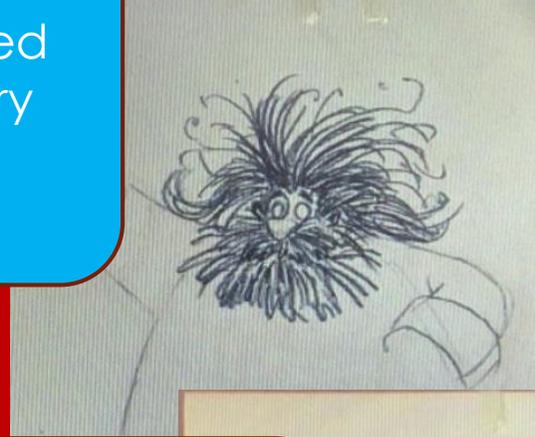
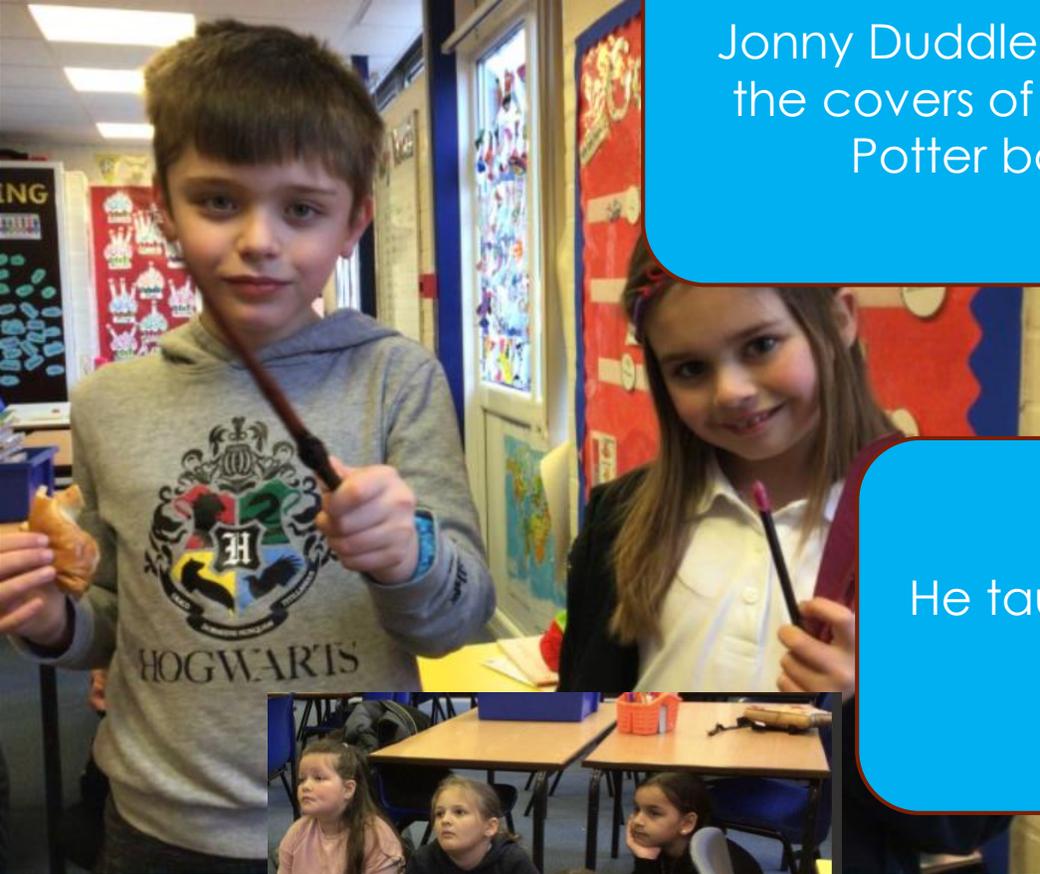
He likes to make up words



Illustrator Jonny Duddle

Jonny Duddle illustrated
the covers of the Harry
Potter books

He taught us how to draw
Hagrid



House for Mini and Marvin Entry

Mini and Marvin needed a new home to live in

Marvin and Mini need a new home

Competition fin

Marvin and Mini arrived at our school in an old suitcase. We have tried to make them comfortable for them, but I think they need a change. For this week's competition, I would like you to design a new home for them. It could be a cosy basket with blankets, a little wooden house with straw, a wooden house with beds. Do they need any toys? design a backdrop that will be of help to them? You may need to do some research.

The winner will earn 25 mid points and have their design created in wood. There will be 10 runners up with 20 points each. Good Luck!

We had to think about what they would need and want in a house as well as measure things out to make sure they were the right size for them



Marvin and Mini need a new home

Competition time!



Marvin and Mini arrived at our school in an old suitcase. We have tried to make it comfortable for them, but I think they need a change, For this week's midpoint competition, I would like you to design a new home for them. It could be a warm cosy basket with blankets, a little hutch with straw, a wooden house with little beds. Do they need any toys? Could you design a backdrop that will remind them of home? You may need to do some research.

The winner will earn 25 mid points and have their design created in real life. There will be 10 runners up who will earn 20 points each. Good Luck!

Birthdays this week



Jaydan-
Lee
10

Callum
9

Arjannya
11



Mrs
McGonigle

Noah
7



Happy Birthday from everyone at Middleton!

Everyone
around the
world,
come on!



Celebrate
everything
you have
achieved this
week.

You are all
AMAZING!

