

# Keeping Safe news

## EYFS

- I can recognise some ways in which the internet can be used to communicate.
- I can give examples of how I (might) use technology to communicate with people I know

## Year 1

- I can give examples of when I should ask permission to do something online and explain why this is important.
- I can explain why it is important to be considerate and kind to people online and to respect their choices.

## Year 2

- I can describe different ways to ask for, give, or deny my permission online and can identify who can help me if I am not sure.
- I can explain why I have a right to say 'no' or 'I will have to ask someone'. I can explain who can help me if I feel under pressure to agree to something I am unsure about or don't want to do.

## Year 3

- I can explain what it means to 'know someone' online and why this might be different from knowing someone offline.
- I can explain what is meant by 'trusting someone online', why this is different from 'liking someone online', and why it is important to be careful about who to trust online including what information and content they are

## In the classrooms

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# Online relationships

Our next topic in the Keeping Safe curriculum is Online Relationships. How can you help your child with this challenging topic?

From gaming platforms to social networks and other platforms, digital technology allows us to stay in touch and develop relationships with others. However, not all online interactions are positive.

Teaching children the differences between healthy and unhealthy relationships can help them to build positive, respectful relationships with others online. It can also help children and young people recognise risk, make judgements on who to trust and where to get help if they are worried.

The yearly breakdown on the left shows what each year group will be doing to provide a foundation for building positive relationships online. Many of the themes are revisited many times across the years from EYFS to Year 6 and this is to ensure that children develop a deep understanding of the difference between healthy and unhealthy online relationships.

On the next page there are a number of resources that parents could use to reinforce the work completed in school.

PLEASE GET IN TOUCH IF YOU HAVE ANY QUESTIONS

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[WWW.MIDDLETONPRIMARYSCHOOL.CO.UK](http://WWW.MIDDLETONPRIMARYSCHOOL.CO.UK)



## Year 4

- I can describe strategies for safe and fun experiences in a range of online social environments (e.g. livestreaming, gaming platforms)
- I can give examples of how to be respectful to others online and describe how to recognise healthy and unhealthy online behaviours.
- I can explain how content shared online may feel unimportant to one person but may be important to other people's thoughts feelings and beliefs.

## Year 5

- I can explain that there are some people I communicate with online who may want to do me or my friends harm. I can recognise that this is not my / our fault.
- I can explain how someone can get help if they are having problems and identify when to tell a trusted adult.
- I can demonstrate how to support others (including those who are having difficulties) online.

## Year 6

- I can explain how sharing something online may have an impact either positively or negatively
- I can describe how things shared privately online can have unintended consequences for others. e.g. screen-grabs.
- I can explain that taking or sharing inappropriate images of someone (e.g. embarrassing images), even if they say it is okay, may have an impact for the sharer and others; and who can help if someone is worried about this.

# In the classrooms

## How can I support my child?

Below are some links to sites that can support parents to discuss online relationships. Click on the logos to access the sites.



This ChildNet site discusses online relationships as part of digital wellbeing - very useful for Years 5 and 6.

Jessie and friends is used in school and has an activity website that parents can use. It contains lots of information for parents.

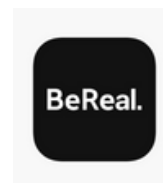


Children may be using language within gaming that masks whether a relationship is positive. Use the link on the left for a dictionary of gaming terms.

Lego have produced a number of guides that present important topics for family discussion whilst also including an element of play. This can be really useful to start conversations with a reluctant child.



## IN THE NEWS



### WHAT IS BEREAL?

BeReal is a new social media app. It notifies you once a day to upload an image of what you are doing. Once you receive the notification, you have two mins to capture and share what you are doing at that moment. All your friends post at the exact same time. Once you have posted, you can then see what your friends have posted. If you don't post your BeReal, then you can't see your friend's BeReals from that day or access the discovery tab.

### WHAT DO I NEED TO BE AWARE OF?

- You must be 13+ to use BeReal.
- Users add their date of birth to register (no age verification takes place) although users do need to add a mobile number.
- BeReal is private by default and only visible to your friends. However, it is possible to share with all users by selecting the public option. If selected, your BeReal will appear in the Discovery tab for all users to see and interact with
- There is also an option to share your location. If you don't enable your location, then you can't see other user's locations. Chat to your child about location sharing as it is important that your child understands the risk of location sharing and when it may be appropriate to share.

For further information, click the link below.

BeReal – a guide to the new social media app | Childnet