



# Week One Menu

4/9/2023, 25/9/2023, 16/10/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Tomato and Cheese Pizza Pinwheel served with 1/2 Jacket Potato	Beef Pasta Bolognese	Roast Chicken with Roast Potatoes and Gravy	Pork Sausages served with Mashed Potatoes and Gravy	Battered Cod served with Chips and Ketchup
VEGETARIAN	Vegetable Curry served with Fluffy Rice	Macaroni Cheese	Roasted Vegan Quorn Fillet with Gravy served with Roast Potatoes	Quorn Vegan Sausages served with Mashed Potatoes and Gravy	Vegetable Fingers served with Chips.
JACKET / DELI OFFER	<b>JACKET POTATO</b> Grated Cheese, Baked Beans or Tuna Mayo <b>Sandwich</b> Cheese, Ham, Tuna Mayo, or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans or Tuna Mayo <b>Sandwich</b> Cheese, Ham, Tuna Mayo, or Egg Mayo <b>JACKET POTATO</b> Grated Cheese.	<b>JACKET POTATO</b> Grated Cheese, Baked Beans or Tuna Mayo <b>Sandwich</b> Cheese, Ham, Tuna Mayo, or Egg Mayo <b>JACKET POTATO</b> Grated Cheese,	<b>JACKET POTATO</b> Grated Cheese, Baked Beans or Tuna Mayo <b>Sandwich</b> Cheese, Ham, Tuna Mayo, or Egg Mayo <b>JACKET POTATO</b> Grated Cheese,	<b>JACKET POTATO</b> Grated Cheese, Baked Beans or Tuna Mayo <b>Sandwich</b> Cheese, Ham, Tuna Mayo, or Egg Mayo Grated Cheese, Baked Beans or
SEASONAL VEGETABLES	Carrots and Broccoli	Sweetcorn and Peas	Swede and Cauliflower	Green Beans and Carrots	Garden Peas and Baked Beans
DESSERTS	Oat & Cinnamon Cookie with Orange Sauce	Iced Sponge with Custard	Vanilla Ice Cream with Fresh Fruit	Shortbread with Apple Slices	Fresh Friday

**AVAILABLE DAILY:** Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit, Yoghurt & Jelly.



# Week Two Menu 11/9/2023, 2/10/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	<b>Cheese and Tomato Pizza served with diced Potatoes.</b>	<b>Beef Burger served with Potato Wedges</b>	<b>Roast Chicken with Roast Potatoes, and Gravy</b>	<b>Beef Lasagne served with a warm Baguette Slice</b>	<b>White Fish or Salmon Fish Fingers with Chips and Ketchup</b>
<b>VEGETARIAN</b>	<b>BBQ Vegetable &amp; Mixed Bean Wrap served with Diced Potatoes</b>	<b>Vegetable Burger served with Potato Wedges</b>	<b>Roasted Vegan Quorn Fillet with Gravy and Roast Potatoes</b>	<b>Vegetarian Lasagne served with warm Baguette Slice</b>	<b>Vegetable Nuggets served with Chips.</b>
<b>JACKET / DELI OFFER</b>	<b>JACKET POTATO</b> Grated Cheese, Baked Beans or Tuna Mayo <b>Sandwich</b> Cheese, Ham, Tuna Mayo, or Egg Mayo or Ham	<b>JACKET POTATO</b> Grated Cheese, Baked Beans or Tuna Mayo <b>Sandwich</b> Cheese, Ham, Tuna Mayo, or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans or Tuna Mayo <b>Sandwich</b> Cheese, Ham, Tuna Mayo, or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans or Tuna Mayo <b>Sandwich</b> Cheese, Ham, Tuna Mayo, or Egg Mayo	<b>JACKET POTATO</b> Grated Cheese, Baked Beans or Salmon Mayo <b>Sandwich</b> Cheese, Ham, Tuna Mayo, or Egg Mayo
<b>SEASONAL VEGETABLES</b>	<b>Carrots and Broccoli</b>	<b>Cabbage and Garden Peas</b>	<b>Green Beans and Cauliflower</b>	<b>Swede and Broccoli</b>	<b>Garden Peas and Baked Beans</b>
<b>DESSERTS</b>	<b>Flapjack with Orange Segments</b>	<b>Jam Sponge Served with Custard</b>	<b>Shortbread with Apple Slices</b>	<b>Apple Crumble served with Custard.</b>	<b>Fruit Friday</b>



AVAILABLE DAILY: Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit, Yoghurt & Jelly.



# Week Three Menu

18/9/2023, 9/10/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Roast Vegetable Frittata served with Diced Potatoes	Cottage Pie	Roasted chicken with Gravy served with Roast Potatoes	Sausage and Tomato Pasta served with warm Baguettes Slice	Fish Fingers with Chips and Peas or Baked Beans
VEGETARIAN	Cheese and Tomato Pizza served with Diced Potatoes	Vegetarian Mince Cottage Pie	Roasted Vegan Quorn Fillet with Gravy served with Roast Potatoes	Vegetarian Sausage & Tomato Pasta served with warm Baguette Slice	Vegetable Fingers and Chips
JACKET / DELI OFFER	JACKET POTATO Grated Cheese, Baked Beans or Tuna Mayo Sandwich Cheese, Ham, Tuna Mayo, or Egg Mayo	JACKET POTATO Grated Cheese, Baked Beans or Tuna Mayo Sandwich Cheese, Ham, Tuna Mayo, or Egg Mayo	JACKET POTATO Grated Cheese, Baked Beans or Tuna Mayo Sandwich Cheese, Ham, Tuna Mayo, or Egg Mayo	JACKET POTATO Grated Cheese, Baked Beans or Tuna Mayo Sandwich Cheese, Ham, Tuna Mayo, or Egg Mayo	JACKET POTATO Grated Cheese, Baked Beans or Tuna Mayo Sandwich Cheese, Ham, Tuna Mayo, or Egg Mayo
SEASONAL VEGETABLE	Carrots and Broccoli	Sweetcorn and Cabbage	Carrots and Green Beans	Swede and Carrots	Garden Peas and Baked Beans
DESSERTS	Chocolate Sponge Served with Custard	Oat and Cinnamon Cookie	Banana Muffin	Chocolate & Orange Shortbread with Apple Slices	Fresh Fruit Salad

AVAILABLE DAILY: Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Fruit, Yoghurt & Jelly.